



## **April Parent Education Workshops**

First 5 Calaveras and Prevent Child Abuse Council Calaveras are proud to co - sponsor the Strengthening Families Initiative Parent Education Series for families in Calaveras County.



Trainings are:

- Free
- Children's workshops are often provided for children ages 3-12
- Light meals and snacks are often included
- Most courses in the series count as training hours for foster care and other services

Check out the calendar of upcoming trainings at:  
[www.first5calaveras.org](http://www.first5calaveras.org)

**To Register:**  
**Call 209-754-1470**

### **"The Parent Teen Connection"**

Presented by  
**Paul Symmonds, LCSW**  
501 D Gold Strike Rd  
San Andreas  
A two part series

**April 15 & 22 6:00 – 8:00 p.m.**

---

### **Parenting 101 "Calm, Firm & Consistent"**

Presented by  
**Carole Vance, LMFT**  
Mountain Oaks School  
Canyon Oak Classroom  
150 Oak Rd San Andreas

**April 15 1:00 – 3:00 p.m.**

---

### **Health, Stress & Your Lifestyle**

Presented by  
**John Adams, Phd**  
501 D Gold Strike Rd  
San Andreas

**April 29 6:00 – 8:00 p.m.**