



## California Health Kids Survey

### Introduction

Every two years school districts throughout California are encouraged to participate in the California Healthy Kids Survey (CHKS). The CHKS is a comprehensive youth health risk and resilience data collection service for local education agencies sponsored by the Department of Education. The CHKS grew out of the California Department of Education's commitment to promoting the academic success, well-being and positive development of all youth.

The California Healthy Kids Survey is given to 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> grade students. It contains questions that are considered most valuable to a comprehensive general assessment of health risks – particularly in regard to alcohol, tobacco and other drug use; school violence and physical health, – promoting protective factors in the school and community, bullying and physical health.

Data from the California Healthy Kids Survey provides valuable information to guide efforts to reduce student health risk behaviors and build schools that are drug-free, safe and supportive to healthy, positive youth development and achievement.

Please view the attachment of questions that will be asked at each specific grade level.

If you do not want your child to participate in the survey, please make sure to let your child's school know by completing a passive permission<sup>1</sup> slip for grade 7, 9 and 11.

<sup>1</sup>**Passive permission** – parent/guardian completes only if they do not want their child to participate in the survey.

### Surveys and Permission Slips

[2015-2016 Healthy Kids Survey – High School](#)

[2015-2016 Healthy Kids Survey – Middle School](#)

[Middle School Permission Slip \(7<sup>th</sup> Grade\)](#)

[High School Permission Slip \(9<sup>th</sup> and 11<sup>th</sup> Grades\)](#)