

PHYSICAL EDUCATION

During each March, April or May, students in grades 5, 7 and 9 shall undergo the physical performance testing designated by the State Board of Education. Students with a physical disability and students who are physically unable to take all of the test shall undergo as much of the test as their physical condition will permit. (Education Code 60800)

With the consent of the student, the Superintendent or designee may grant temporary exemption from physical education when a student is enrolled for one-half time or less, or when a student is ill or injured and a modified program to meet his/her needs cannot be provided. Permanent exemptions shall be granted only as provided by law. (Education Code 51241)

If a student is unable to meet the second year requirement in the classroom due to an impacted schedule or other circumstance deemed valid by the principal or the principal's designee, the second year of a student's two year physical education requirement may be waived when the student participates in two seasons of interscholastic athletics*, or in two courses of an accredited program, which entail comparable amounts of time and physical activity and meet the District's physical education curriculum standards.

One season of an interscholastic sport or one five (5) unit course of an accredited program will be considered equivalent to one semester of physical education.

The second year physical education requirement will be waived, but **no** credit will be given.

Before the sport begins, the student will need to submit a completed four year plan and a current schedule and will need to complete in writing the physical education postponement request that has been signed by the physical education department chair. On the form the student will indicate the sport/program in which he/she plans to participate in order to have one semester of physical education waived. For each season that the student athlete participates, a copy of the four year plan, a copy of a current schedule, and a new waiver must be submitted. The form will be on file with the athletic director during the season in question. The form will be signed by the coach of the sport and the athletic director when the athlete successfully completes the season. The athletic director will submit the form to the registrar.

In the final semester of the senior year, the **Request to Postpone Physical Education Requirement** will be applied to the student's transcript if the student's four year program provides proof of a four year impacted schedule.

DEFINITIONS

Four Year Plan - An outline of the student's four years of high school showing the course of study that the student intends to follow. This should be developed in grade 8 and may be modified throughout the student's high school career.

Impacted Schedule - A schedule each year that includes enrollment in six (or seven) full periods for four years. Teacher, office or library aides are not indicators of an impacted schedule. Work experience is not considered to impact a schedule unless a student is interning in a career field, i.e., studying drafting in an architect's office. A student with a four year commitment to a fine art such as band or to a vocational program such as agriculture, may also have an impacted schedule.

Waiver - The student will receive a waiver for the second year physical education requirement. The transcript will reflect that physical education was waived by participation in an athletic program. The student will receive no credit for the two semesters of physical education and will be expected to earn the total number of credits to graduate.

**Cheerleading is considered a part of interscholastic athletics*